

Hot Cross Muffins Breakfast Bright Spot

A bright breakfast spot is the plate of hot cross buns that many menu-makers plan to serve several times a week during the pre-Easter season. These delightful little fruit-filled breads are fun to make with yeast, but here's the quickest edition yet, so fast that the home baker can fit it into her 45 minutes for supper schedule.

HOT CROSS MUFFINS
To 2 cups Fisher's Pancake and Waffle Flour add:
1/2 cup Fisher's Wheat Germ
1/2 cup currants or seedless raisins

1 tablespoon each finely chopped candied cherry, candied green melon rind or citron and candied orange peel.
1/4 teaspoon each cinnamon and nutmeg.

Work fruit thru flour with finger tips or pastry blender, beat together 2 eggs, 1 1/4 cups milk, 2 tablespoons sugar, 1/2 cup melted butter, lard or other shortening, stir gently together, just enough to mix (there will still be small lumps in the mixture), pour in well-greased muffin pans and bake 25 minutes at 425 degrees.

While muffins are baking, blend 1 teaspoon butter with 1 cup confectioner's sugar, add 1 tablespoon boiling water, few drops vanilla, while muffins are

City Appeals to OCD for Equipment

A resolution addressed to the Office of Civilian Defense requesting OCD equipment, such as steel helmets and gas masks, for all cities in the South Bay district and protesting the limitation of supplies to cities of less than 10,000 population, 1940 census, was adopted by the city council Tuesday night.

Owls are not blind in the daytime, and a few of them prefer day to night work.

The four largest diamonds in the world of the ornamental category were discovered in South Africa.

All bats don't look alike. Some have faces resembling those of foxes, others appear like small bulldogs.

It is said that woman is the world's greatest evolutionist. She can make a monkey out of a man.

The greatest disadvantage in life is having too many advantages.

still warm, drip icing in the form of a cross over the top and sprinkle with finely chopped walnuts. This makes 8 muffins and a round pie pan of coffee-cake.



Mrs. America and NATIONAL DEFENSE

Wood, like the horse, is again having its day. Before the invention of processes which made metals and plastics popular, innumerable articles used in the home, on the farm and in business places were made of wood. During the war many of these articles will again be made completely or in part of wood. From a long list, here are a few samples: Bowls and ladles, clock cases, drain boards, picture and mirror frames, kitchen sets (bread, coffee, tea, etc.), house numbers, serving trays, mail boxes and waste baskets.

There's been a stampede on the rubber-heel supply. And all unnecessarily. It is true that crude rubber is banned for heels, but reclaimed rubber is still available. You may even be wearing heels of reclaimed rubber right now because it has been used for this purpose for some time.

Not that it comes as much of a surprise, but domestic laundry equipment is now on the government taboo list. After May 15 there will be no production of washing machines or ironers for home use, but you'll probably be able to get all the replacement parts you need.

The next time you get your camera nicely focused on an anti-aircraft gun, switch it to a rhododendron instead. Amateur photographers, among them many Mrs. Americas, are being asked by Director of Censorship Byron Price to help keep vital information from the enemy. Even private domestic circulation of pictures of such things as fortifications, airports, troop transports and equipment for the armed forces can do harm. Pictures that appear in newspapers, magazines and newsreels, on the other hand, normally have been government approved and checked to make sure they contain no details which the enemy might like to see.

The glycerine problem has popped up again. And soon housewives will begin to meet it personally. We need every bit of glycerine for explosives, and a new order prohibits the use of coconut oil and other oils with a high glycerine content for margarine, shortening and cooking fat. Use of these oils is also restricted in soap making to 75 per cent of the use in 1941. However, there will still be plenty of soap. And for shortening there's corn and other vegetable oil, and our record porker crop.

Now is the time to start conserving your radio. It may have to last much longer than you planned. No one but a trained radio mechanic should tinker with its insides, but there are some simple rules of external care which Mrs. America should learn. First, leave at least an inch between the wall and cabinet; free circulation of air is needed to prevent tubes, transformers and resistors from overheating. See that the plug fits firmly into the wall socket and that the wires are intact. Check aerial and ground wires to determine whether they are broken in any place or rubbing against other wires or trees or metals (warning: do not use a gas pipe as ground).

Asparagus, bed ticking and rubber drug sundries were all in the price news this week. Canned asparagus has skyrocketed so in price that the Army is threatening not to buy it, and consumers are also being urged to substitute other vegetables until the price returns to normal. The Quartermaster Corps is going to ask for bids for a million and a-half mattresses, so in this case the government arranged to stabilize prices first. Manufacturers of bed ticking

ATTEND DANCE
Messrs. and Mmes. A. E. Kerber and L. B. Buckley, accompanied by the Albert Monroes of San Pedro, attended a dance Saturday evening given by Wilmington Chapter, O. E. S.

have agreed to price regulation so that civilian buyers will be protected. And makers of rubber drug sundries, including essential hospital and medical items, have been asked not to raise prices above those of March 1. The War Production Board has allotted a supply of crude rubber and latex specifically for these items because of their essential nature.

The government goes to a great deal of trouble to help housewives buy food wisely, yet

most cooks don't take advantage of the information available. Do you know how to buy beef, for instance, by government grade? The government provides experts to grade the meat while it is still at the packing plant. This is done for the express benefit of consumers to help them get their money's worth. All meat, however, is not graded; it is done only at the request of the wholesaler.

There are seven grades of beef. The first, Prime, is limited

because it is in high demand by exclusive hotels, restaurants and clubs, and the last two, Cutter and Canner, are seldom sold at retail. The grades you should be thoroughly familiar with then, are the four in between: Choice, Good, Commercial and Utility. These grade names are marked on the beef with rollers so that they appear on all the principal cuts. You perhaps are already familiar with the round "U. S." stamp on all meat, but this is not a grade stamp. It

means merely that the meat was Federally inspected and passed as wholesome food. Incidentally, the purple stamping fluid is a pure vegetable compound, entirely harmless, and the imprint usually disappears when the meat is cooked.

You may not be able to take your vacation at the same old time this year, or even go where you had planned. Americans are being asked to cut down non-essential travel voluntarily. The government does not

contemplate travel rationing. But because railroads and bus lines cannot get the new equipment they need to carry both military and regular traffic, they will be unable to handle all civilian demands at all times. One of the best solutions is to stagger vacations over the entire year. But whenever you do take your vacation, or even a short trip, check first with your ticket agent to avoid disappointment. Definitely, there is no more "travel as usual."

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Best cuts! One price, none higher.

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Plate Rib

Short Ribs 15[¢]
To Bake or Braise

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A&P superb quality grade-fed steer beef. One price, none higher.

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Excellent source, Vitamin B¹²; good source, Vitamin G⁺.

SHOULDER ROAST 24[¢]
Fancy Eastern Whole or full shank half, 5 to 8-lb. Average.

Loin Roast 29[¢]
Choice End Cuts

Pork Sausage 29[¢]
(Bulk)

Spare Ribs 24[¢]
Lean Meaty

Link Sausage 17[¢]
Armour 1-lb. Star Cuts

LAMB

Excellent source, Vitamin B¹²; good source, Vitamin G⁺.

SHOULDER ROAST 19[¢]
A&P superb quality genuine lamb. Whole or half. Vitamins B¹², G⁺.

Chops 25[¢]
Blade Rib or Pin Bone

Lamb Breast 12[¢]
To Bake or Braise

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FRESH LIVER SAUSAGE

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5 Links Assorted

Chops 32[¢]
5 Links Assorted

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Bones (Shoulder)

Cottage Cheese 20[¢]
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Fancy, Young, 2 1/2 to 3 1/2-lb. Avg. Vitamins B¹² and G⁺ 29[¢]

SLICED BACON

Bacon Squares 15[¢]
Sunnyfield. Fancy Eastern. You must be satisfied or your money back.

Piece Bacon 25[¢]
Vitamin B¹²

Sliced Bacon 19[¢]
Armour's Star Cuts

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Fancy Eastern

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HEINZ STRAINED Baby Foods 3 cans 20[¢]

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A&P SEEDLESS Raisins 2 1/2-oz. 15[¢]

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